

Issue 23 of 2024

RHENISH NEWS

Excellence ● Compassion ● Accountability
Integrity ● Diversity ● Respect

2024 LC CAMP



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Photographs: Mrs De Kock, Ms Schreuder, Mrs Joubert, Mrs Oosthuizen,
Mr Piron, Rhenish Media Services, Mr Swart

11-20 September 2024

Upcoming Events



- Grade 8 2025 Information Evening



- Grade 9 Subject Choice Information Evening



- Western Cape Fast 5 (Netball)
- 50th Reunion (class of 1974)
- Mackenzie Cup (Water Polo)
- Swellendam Relay (Athletics)
- Grade 10 Dance



- Western Cape Fast 5 (Netball)



- Strongest Story - Grade 9 Workshop
- isiXhosa Outing (Langa)



- LC Announcement - Head Girls and Portfolios



- Matric Dance
- Term 3 Ends

LC CAMP 2024 -

DEVELOPING OUR LEADERS

Nicolette De Lapelin Dumont



Last weekend, the newly elected learner council was fortunate enough to participate in a leadership camp at Back 2 Basics in Grabouw. The beginning of the camp included an extremely useful and interesting leadership workshop at Rhenish with Ms Conchar. This workshop allowed us to break the ice and learn about the importance of leadership and ourselves, which made the workshop captivating and enjoyable. After our workshop at school, we were fortunate enough to enjoy lunch as a group at the Rhenish Hostel. After much anticipation and excitement, we left Rhenish and headed for The Back 2 Basics campsite.

We were greeted by extremely friendly staff who would later become our leaders and guides throughout our stay at the camp. After being split into two large army style tents, we began with the activities. Over the course of 2 days, we participated in activities that brought us together as a group and allowed us to learn the importance of working together and asking for help when needed. On the first night, we participated in a night walk and were asked to go one by one through a path in the forest with no light or knowledge of the route. Our only guidance was to hold onto a string called the 'lifeline', which would lead us to the end of the path. This taught us the importance of finding a lifeline and holding onto it through difficult situations, which will always lead you to the end. One of the last activities we did, a highlight for most of the learner council, was a muddy obstacle course. Although challenging, this obstacle course was extremely enjoyable, and we got to learn how an obstacle course can be compared to our own lives.



Throughout the camp, the liaisons of the learner council conducted multiple sessions with us, during which we learned essential leadership skills and decided on missions we planned to execute as an LC throughout our term of office. We also got to present collages we had made beforehand, designed to learn some interesting and amusing facts about each other to get to know each other better. In our free time at the camp, we often played games and learned more about each other as a group, which allowed us to bond almost instantly as a learner council.



By the end of the camp, we connected on a deeper level. We supported each other in our final activities and initiatives throughout the sessions.

This camp taught us the importance of working as a unit within the Learner Council and how to be mindful of one another. We united as a group at a pace that no one had expected going into this camp, but it was great to see how close we became over such a short period, and this makes me hopeful that the future of this Learner Council is bright and promising.



The success of this camp would not have been possible without the opportunity Rhenish has given us and the amazing liaisons of the Learner Council: Ms Schreuder, Mrs De Kock and Mrs Smit. As a Learner council, we also send our gratitude towards the team at Back 2 Basics, who taught us so many important lessons and hosted our learner council with such love and kindness, and to Ms Conchar for all her efforts and valuable contributions towards the Learner Council.



DEBATING PROVS

Aryanna Rooke

Over the last couple of weekends in August we argued A LOT. By this, I mean that the Rhenish debaters competed in the annual Western Cape Schools Debating Competition over two recent weekends.

Over the first weekend, we debated at Rondebosch Boys' High School; nerves ran high as we debated our first round of motions. The topics ranged from ethics and morals to political tactics and government policy. Both teams excelled and secured multiple wins.

The second weekend of Provincials was held at UCT and we were heading in ready to secure our next few wins. We debated various topics and a prepped motion regarding crime and government duty. All teams participated on Saturday, and the teams that 'broke' were announced at the end of the day. , This was the top 8 teams for the juniors and the top 16 teams for the seniors. The juniors broke in 8th position and the seniors in 14th. The teams that broke then competed on Sunday, all vying for first place.

The juniors had a tough day ahead as, in the quarterfinals, they went head to head with the team ranked in first place; they fought and emerged with a win, pushing them through to the semi-finals where they secured another win against Edgemead. In the finals, competing for first or second place against Paarl Girls' High School, a nail-biting debate took place, with both teams debating at an extremely high and competitive level. The junior team ended up ranking second in the Western Cape, an achievement we are extremely proud of.

The seniors started the Finals day on a high; they successfully competed and made it to the Plate finals, where they debated the motion 'THP (This House Prefers) to live in a world where happiness is predominantly seen as a consequence of random factors rather than a personal choice'. In a tough debate, the seniors unanimously took first place in the Plate draw - meaning they came 9th in the province.

Throughout this tournament, not only have we grown as individual speakers, by taking all the feedback given to us after every debate and applying this to our speeches and strategy heading into the debates that followed. We also grew as teams, the highs and lows of winning and losing tested our bonds as teammates as well as learning how to communicate effectively and efficiently in a high-stress environment. Ultimately this all led to the growth of both teams and we believe this is one of the reasons we were able to do so well in the tournament. We further got taught a hard lesson in perseverance and persistence, winning was a great feeling, but we had to learn that the losses were not something we should be hung up on, and we had to go into the next debate with a clear and focused mind.

Over the two weekends, we were not competing against the other teams to try to win Provincials, but we were also competing to be selected for the Western Cape Debating team. One of our speakers, Sara Rawoot, was selected for the senior team.

I also want to say thank you to Ms Shaw, on behalf of all the debaters. Thank you for taking the time to support us at Provincials and for putting up with all of our arguing, thank you for all the time you gave up to be there with us, we appreciate you.

I think all the debaters are ready and raring for Provincials 2025!

Little Women in pictures

Watch out
for the full
report in
the next
edition





RHECO ART PROJECT 2024

The votes are in and the following Rhenishers have been chosen from all the beautiful art projects as the winners of this year's RHECO Art Project. The category winners are:

Chrissa Worship (Made) Jemima Schipper (Writing) and Olivia Adgar (Drawn)



We are the reason why penguins are fighting this war every day. Let's be mindful of how what we do impacts nature and others. Next time you miss the trash can remember the penguin with the colourful hat (Greg), who lost his chick.

Blank and white.
Penguins are what
Don't ask us why,
Saving them is the
They're so cool, the
They lay down fat a
Flying through the w
So fast you won't see
Raffing in water and
Head to Simon's Tow
Empress Little Royal
Cuddling and cloving
Cute and cuddly, enjoy
They give rocks to this
The best dressed birds
Not one, not two, but in
Tapping their feet to the
The other birds just care!
So let's save them now!
There's no doubt they ha

Wandering Through Snow

Webbed feet hurriedly imprint the snow,
searching for a body of familiarity.
Its mother's call is its only clue,
muffled against the howling of the wind.

White flakes strike the chick's eyes,
creating an obscured view.
The cold seeps through its feathers,
stiffening its limbs.

The cries of the chick heighten in urgency.
Snow starts to engulf its figure.
The mother's call becomes a frantic cry,
as though she can sense her baby's blood
beginning to run cold.



DGC

Water Polo

Tournament



Over the weekend, the Rhenish U16A team competed in the DGC water polo competition in Durban. It was an exhilarating and intense water polo weekend that included successes and challenges. Going into the tournament as a very new team meant that our cooperation and teamwork skills were tested, but the team stayed together and never gave up. The team showed remarkable resilience and determination across the whole weekend.

Although we had some tough games, the team stuck together and our spirits never wavered. Every game was a new opportunity to improve, and game by game, we got to know each other and worked better together as the tournament went on. The team finished in a respectable 8th place overall. This tournament was filled with some very positive and exciting water polo; we are excited to see what this team can accomplish throughout the rest of the season.

Rhenish STARS

Kieran Osmond will represent South Africa at the Acro Gym games that will be held on 29 September. She will be participating in a trio. Her trio placed 2nd in the Western Cape last month.



The following Rhenishers, who are part of the Outline Dance Centre Studio, completed their AIDT Exams and achieved the following results in the following dance types:

Ella Alsworth-Elvey (left): Exam Final Grade - 92%
Mekayla Stevens (middle): LEVEL Elementary - 93%
Kieran Osmond (right): EXAM Final Grade - 91%



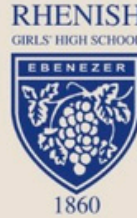
Gabriella van Wyk participated in the Helderberg Eisteddfod and achieved the following results in the U14 Dance category:

- Hip-Hop - gold
- Musical Theatre - gold plus
- Modern - gold plus

RHENISH GIRLS' HIGH SCHOOL PRESENTS



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SANITARY PRODUCT DRIVE

term 3

Donate any pads to your school in aid of Women's Month

- ANY KINDS OF PADS WELCOME, THE MORE THE MERRIER!
- PLEASE DO NOT BRING ANY TAMPONS

Closing date: Monday, 16th September

Please drop any donations in the bins provided outside the sports office. Until the **30th of August**



DON'T THROW IT OUT... DONATE IT!

Rhenish is hosting a sports equipment drive for local underprivileged schools.

PLEASE DONATE ANY OF THE FOLLOWING:

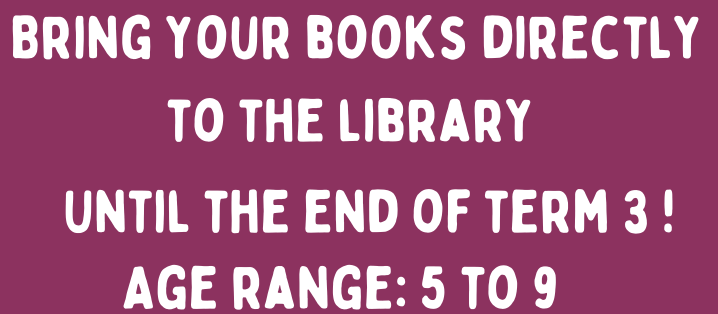
- OLD EXERCISE CLOTHES
- HOCKEY STICKS
- SHIN PADS
- TENNIS RACKETS
- NETBALL BALLS
- SPORTS SHOES
- ANY OTHER SUITABLE SPORTING EQUIPMENT

(NB!! Please do not bring any unusable equipment, clothes or shoes. Please **NO** Rhenish or other school clothes)



BOOK DRIVE

2024



**BRING YOUR BOOKS DIRECTLY
TO THE LIBRARY
UNTIL THE END OF TERM 3!
AGE RANGE: 5 TO 9**



PRIZES TO BE WON!

The books that will be collected will go to Weber Gedenk Primary School and the USIKO After Care.

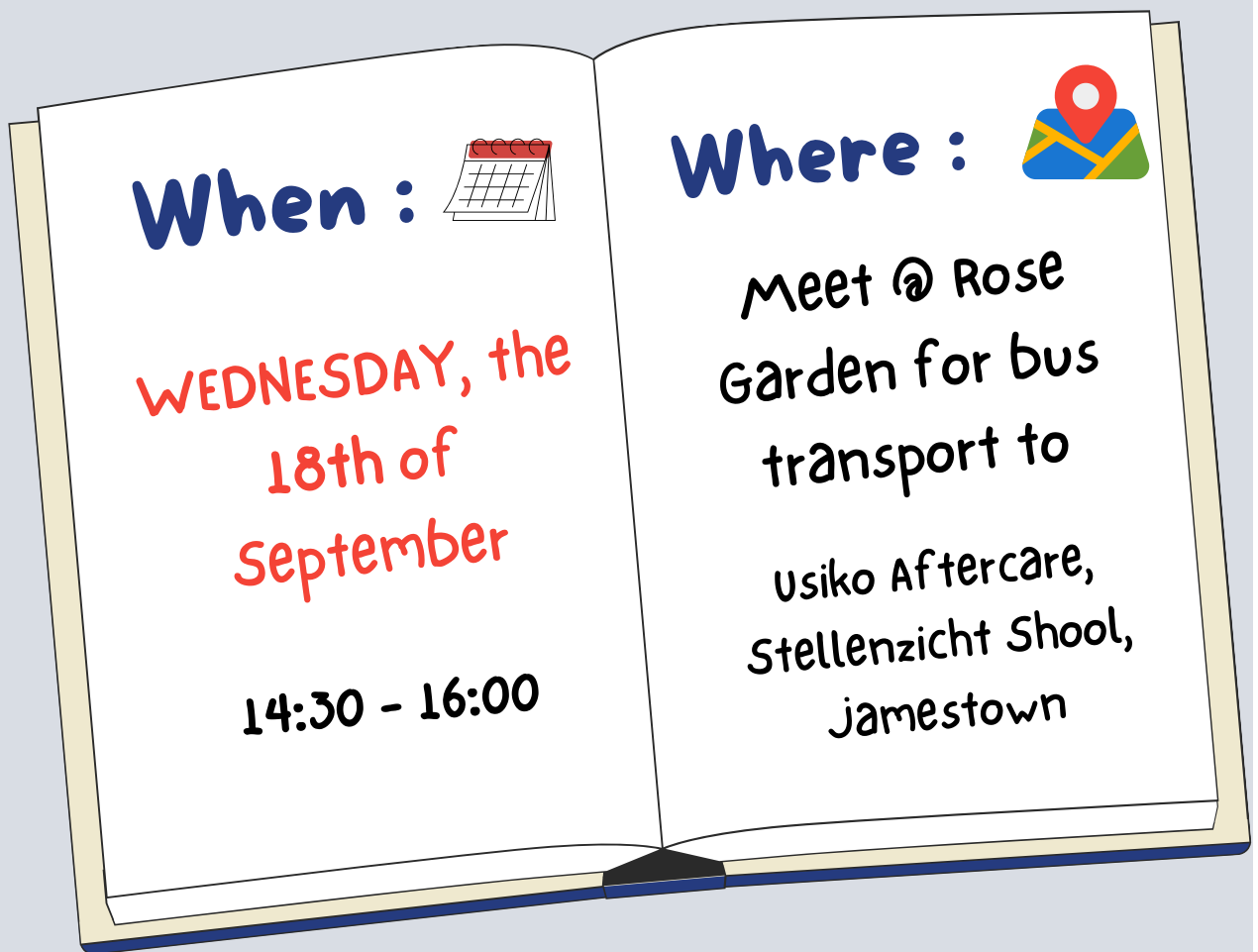
Pre-primary and primary school age range in a good condition - not the very old mouldy books that no one wants anymore.

Our target: grade 8s and 9s to make room on their bedroom shelf for new adolescent books.

This is one of the community highlights for Rhenish that we wish to keep up.



Sign up on the sheet on the library board and look at the extra info!



Don't miss out on this last reading of term 3!



Prize Giving 2024 Donation of Indigenous Flowers

Prize Giving is on 9 October
at the Stellenbosch Town
Hall and we are looking for
parents who are able to:

- donate indigenous flowers for the arrangements for the stage
- assist on the day with the arrangement of these flowers on the stage



contact - rozanne.vandyk@rhenish.co.za